



Journey & Bloom

TOOLS FOR MINDFUL TRAVEL

A FREE GUIDE

5 British weekends most people drive past

Five short breaks across England, Scotland and Wales, with what not to miss and exactly how to spend the two days.

EXMOOR · NORTHUMBERLAND · NORTH NORFOLK · ARRAN · GOWER



ENGLAND · SOUTH WEST

Exmoor

Most people drive straight past it on the way to Cornwall.

Heather moors that drop straight into the sea, wild ponies, and some of the darkest night skies in Europe. Exmoor was Europe's first International Dark Sky Reserve.

DON'T MISS

- The water-powered Cliff Railway between Lynton and Lynmouth
- Tarr Steps, an ancient stone clapper bridge over the River Barle
- Sunset from Dunkery Beacon, the highest point on the moor

THE WEEKEND

Saturday

Lynmouth harbour, the Cliff Railway up to Lynton, then the Valley of Rocks walk.

Sunday

Tarr Steps in the morning, lunch in Dunster, and a clear night for stargazing.

On your bucket list in the English Trip Tracker:

☐ Exmoor National Park

Take a look



ENGLAND · NORTH EAST

The Northumberland Coast

Everyone races up the A1 to Edinburgh. The best bit is on the way.

Empty golden beaches, castles on almost every headland and a tidal island you can only reach when the sea lets you.

DON'T MISS

- Bamburgh Castle from the beach at low tide
- Holy Island of Lindisfarne (check the causeway crossing times first)
- The cliff walk from Craster to Dunstanburgh Castle

THE WEEKEND

Saturday

Bamburgh beach and castle, then a boat trip from Seahouses to the Farne Islands.

Sunday

Cross to Lindisfarne at low tide, then kippers in Craster and the castle walk.

On your bucket list in the English Trip Tracker:

☐ Bamburgh Castle ☐ Holy Island of Lindisfarne ☐ The Farne Islands

Take a look



ENGLAND · EAST

The North Norfolk Coast

Big skies, quiet beaches and England's largest grey seal colony.

Miles of dunes and pine woods, harbour villages built of flint, and fresh crab on the quay. Ideal for a slow weekend.

DON'T MISS

- A seal trip from Morston Quay to Blakeney Point (pups arrive from late October)
- Holkham beach, one of the widest in England
- Cromer crab, eaten on the pier

THE WEEKEND

Saturday

Wells-next-the-Sea and its beach huts, then a walk through the pines to Holkham.

Sunday

Seal boat from Morston, lunch in Blakeney, sunset in Cromer.

On your bucket list in the English Trip Tracker:

☐ Holkham Beach ☐ Cromer Pier

Take a look



SCOTLAND · FIRTH OF CLYDE

The Isle of Arran

People head straight for the Highlands and miss “Scotland in miniature”.

Mountains, standing stones, castles and a whisky distillery on one island you can drive around in a day. It's a short ferry ride from the Ayrshire coast.

DON'T MISS

- Goatfell, the island's highest peak, for views across the Clyde
- The standing stones on Machrie Moor
- Lochranza: a ruined castle, a distillery and red deer grazing in the village

THE WEEKEND

Saturday

Ferry to Brodick, Brodick Castle gardens, then drive the coast road north to Lochranza.

Sunday

Machrie Moor in the morning and the quieter south of the island in the afternoon.

On your bucket list in the Scottish Trip Tracker:

- ☐ Isle of Arran & Goatfell ☐ Brodick Castle
☐ Machrie Moor Standing Stones

Take a look



WALES · SWANSEA BAY

The Gower Peninsula

Most people drive on down the M4 to Pembrokeshire. Gower is right here.

Britain's first Area of Outstanding Natural Beauty: limestone cliffs, wide surf beaches and a tidal island shaped like a sea serpent.

DON'T MISS

- Rhossili Bay from the clifftop (it's even better at sunset)
- Worm's Head, reachable only about 2.5 hours either side of low tide
- Three Cliffs Bay and the walk down from Penmaen

THE WEEKEND

Saturday

Rhossili and Worm's Head (check the tide times), with fish and chips in Mumbles.

Sunday

The walk to Three Cliffs Bay, then Arthur's Stone on the way home.

On your bucket list in the Welsh Trip Tracker:

☐ Rhossili Bay ☐ Worm's Head ☐ Three Cliffs Bay

Take a look



FIVE WEEKENDS DOWN

Plan the next fifteen.

Every Trip Tracker has room for 20 trips, each with its own chapter: itinerary, bookings, packing list, budget and the memories you'll want to keep. No more ten open browser tabs.

- **England, Scotland & Wales set.** Three books, up to 60 trips, plus the Pub Log, Whisky Passport, NC500 planner and Castle Collector.
- **Over 100 places per country.** Regional bucket lists of real places to tick off, like the five in this guide.
- **Printed in the UK.** Thick 170gsm paper and Wire-O binding, so it lies flat in the car or the café.



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